

# BLAH



## Weekdays Game

**Number of players:** 8 persons or more.

The game starts by giving each player a certain number, then one of them is selected to be in the middle to count the other players. Then the players are grouped into a circle, and the player who is in the middle starts naming the days of the weeks. When he says Friday the other players come more closer to him, then he start chasing and throwing them with a small sponge ball. A player who is hit by the ball takes the place in the middle of the circle and the game starts over again.



# AL SA

## Ood Asharqiya Incense

The Ood Asharqiya incense is one of the most popular Omani traditional perfumery substances made and developed by the Omani woman since very long time. This incense is used in everyday life as well as in social and religious occasions to perfume clothes and creating good atmosphere in the rooms.

Ingredients :

125 ml of musk, 125 ml rose water, 125 ml sandal oil, 375 ml mixed local perfumes, quarter Gm of the Ood wood.

Method:

1. Put the Ood wood in a bottle
2. Add the perfumes one by one, musk, rose water, sandal wood
- 3- Mix the perfume, and stir the mixture and keep it to ferment in a glass bottle for one month.



**Most popular Omani incenses:**

Al Qatra, Mumaiaz, Afnan  
Ood Asharqiya, Ood Ashams ,  
Raysout.



Then he grew up into a big sized camel as a result they could not get him into the narrow lanes of the village and the market (souq). They used to tie him outside the souq until they came back. But the camel started to become furious and rough, untying the rope and running right and left until his friends came back. Then he would cool down and relaxed.

One day there was a ceremony in the market place with folklore dances. The brothers wanted to go, but they were concerned about Speighan. They decided to tie him to a big tree on the coast far away from the souq. But leaving him alone for along time made him furious and he untied the rope and started to chase people and yelling at them into his way to the souq. The people were frightened and ran away in different directions, but soon he was calm when he saw the three brothers. The people were very excited for this.

After this incidence, anywhere they went one of the brothers waited with the camel until the other two came back. Until one day, one of their relatives wanted to buy the camel and offered them a good price. They agreed, but Speighan refused to go with the new owner. He was sad, refused food and became ill. The brothers decided to slaughter him before he might die, but the camel died and the brothers felt very sad and sorry and wished that they did not sell him.

Source: «Folktales in Dhofar» by  
Mohammed bin Musallam Al Mahri





Illustrations by Constable Rawya Al Khalili

There were three brothers who were working as farmers. They produced good quantities of barn, maize, banana and sweet potatoes, and they carried those crops on their backs and walk long distances to sell them in far mountainous villages. One day they decided to buy a camel to carry their goods. They bought a young camel and called it Speighan. They treated him as one of them, giving him water and food and took him to everywhere they went. Speighan also became attached to them, travelling many times a day between villages and mountains carrying their goods.

