

# قف

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## إحذر حمل الأواني الساخنة

Be Careful Carrying Hot Pots



So, they hid three needles under his bed. When he slept and turned around, the first needle pierced into his right side, the second needle into left side, and the third one into his belly. The husband was fine in the beginning but then his condition became worse. When all the doctors in the village could not do anything to help him, he decided to leave. Prior to his departure, the husband gave his wife a bundle of alfalfa to put it beneath a bowl in which the water dripping from Al Jahla (Water vase made of pottery) gathers. He also asked her to keep an eye on it. So if it dies that means his health will become worse. However, if it grows up and becomes green that means his health will become better. The father decided to accompany his son-in law on his journey. So the youngest sister prepared some provisions and bade them farewell.

To be continued...



Source: This story is from the book "My Granmother Told Me" by Fatima Qalam Al Hinafi

## Suliaman Bin Aafi

Once, in a village there lived a merchant who had three daughters. As he was about to go on one of his journeys, he asked his daughters about what he could bring them. The eldest daughter said, "I wish to get a musk perfume and saffron duhn". The middle daughter said, "I wish to get silk and Al Oud perfume". As the youngest sister remained silent, her two sisters said together, "She wishes to get Suliaman bin Aafi". The father was surprised and wondered from where he could get this man. He heard a lot of good things about him but never met him. The youngest daughter blushed and tried to deny the whole thing. As the father loved his youngest daughter very much and wanted her to be happy, he told her, "I will search for him until I find him and bring him back with me". The youngest sister blamed her daughters and accused them of being jealous of her. "It is about time your dream come true. You should thank us instead", they told her. The father continued his journey and searched every village for a man called Suliaman bin Aafi until he met someone and asked him. The man replied,

"Suliaman bin Aafi lives here. But what do you want him for?" "I need him for an urgent matter. It is not for me but for my daughter", the father explained.

The man described to the father the way to Suliaman's house. When the door was opened, the father was shocked to see the same man standing there. He introduced himself as Suliman bin Aafi. When the father told Suliaman about his daughter's wish, he was happy to hear that and agreed to go back with him. The daughters were very surprised to see their father back in the village with Suliaman Aafi. The father gave his eldest and middle daughters their gifts. As for the youngest daughter, she felt very shy and disappeared. She even told her father that she was not thinking about marriage and what her sisters said was just a silly joke. The father talked to her in private and explained to her that he had already given the man his word. He also assured her that Suliaman was the ideal husband for her. The daughter thought carefully about her father's advice. Then, she smiled and said, "Ok father. You can set the wedding date". The youngest daughter lived happily as her husband treated her well. Thus, the two sisters became more jealous of their youngest sister. One day, she became sick and could not do her household chores. When the two sisters knew about it, they went to check on her and offered their help. Indeed, it was their chance to get rid of their sister's husband.

# BLAH

## Mother of Trap

**Number of players:** Five and above.

**Method:**

One of the players will lean on a wall and start counting while his eyes are closed. The other players will quickly hide behind something. When the player finishes counting, he will start searching for the hidden players. Then, he should announce the name of any player he finds. As for any player who is not found, he should hurry and touch the wall. The game can be replayed after all players agree on the player who is going to do the counting.



# AL SA

## Cheese Making

Dear Little Ones,

Welcome to a new Omani craft which was practiced by our fathers and grandfathers in the past and even in our modern time.

First, the milk is put in a big bowl. Then, it gets stirred using a dried and salty fish's stomach for around 30 minutes until it thickens. After that, it is heated up for 5 minutes in order to separate pure milk from water and made into balls. Finally, the balls are placed inside a covered container and put in the fridge. From 7-10 balls are sold for RO 1.

