



# AL-AIN ASSAHIRA

Royal Oman Police Magazine - Issue No .133-April 2013



أسبوع المرور الخليجي الموحد 2013

غايتنا سلامتك

YOUR SAFETY IS OUR AIM

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سلامتكم غايتنا

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ROP presence at  
Muscat Festival 2013

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# AL-AIN ASSAHIRA

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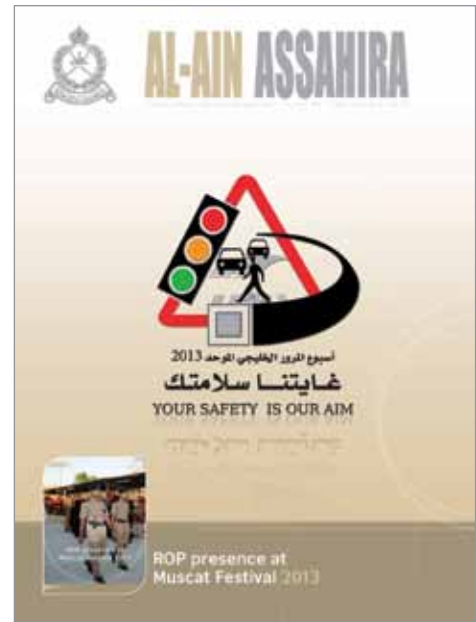
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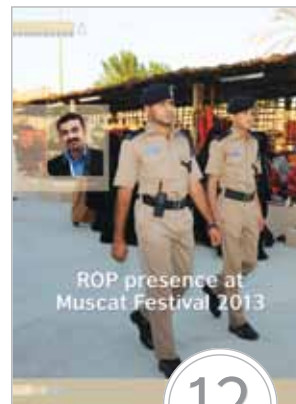
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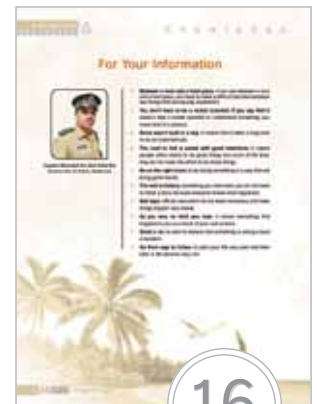
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## Agreement Signed for Construction of Sarooj Residential Complex



His Excellency Lt. General Hassan bin Mohsin Al-Shuraiqi, Inspector General of Police and Customs signed on 20/ 1/ 2013 three agreements with some competent contractors for the construction of a Royal Oman Police residential complex at Sarooj area in Qurum.

In a total area of 65,800 sq. m the project consists of three buildings with a total of about 585 flats in different sizes.

The signing ceremony took place at His Excellency's office, at the Royal Oman Police Headquarters and was attended by some senior ROP officers and representatives of the contractors.



# Agreement Signed for Improving the Omani E-passport

His Excellency General Hassan bin Muhsin Al-Shuraiqi, Inspector General of Police and Customs signed a contract on 42013/2/ with Gemalto of France for the improvement of the Omani electronic passport.

The e-passport project is to add a number of features in accordance with the standards of the International Civil Aviation Organization ( ICAO ) and the International Organization of Standardization ( ISO ). It will provide a state-of-the- art e-passport with several visual security elements including the latest technology and the highest international security standards. The passport will be integrated with the e-gates in Muscat International Airport.



## Advanced Speed Monitors to be Installed

His Excellency Hassan bin Mohsin Al-Shuraiqi, Inspector General of Police and Customs signed two agreements on 292013/1/ for supplying advanced mobile speed monitoring equipment. One agreement was for mobile monitors, and the other for fixed equipment for monitoring speed and traffic lights violations.

The new high-tech equipment are designed to take photographs and monitor the speed of vehicles from a distance.

The agreement was part of Royal Oman Police efforts to reduce road accidents. .



The signing of the agreements, which took place at the Royal Oman Police Headquarters, Qurum was attended by some ROP officers and officials of the company.





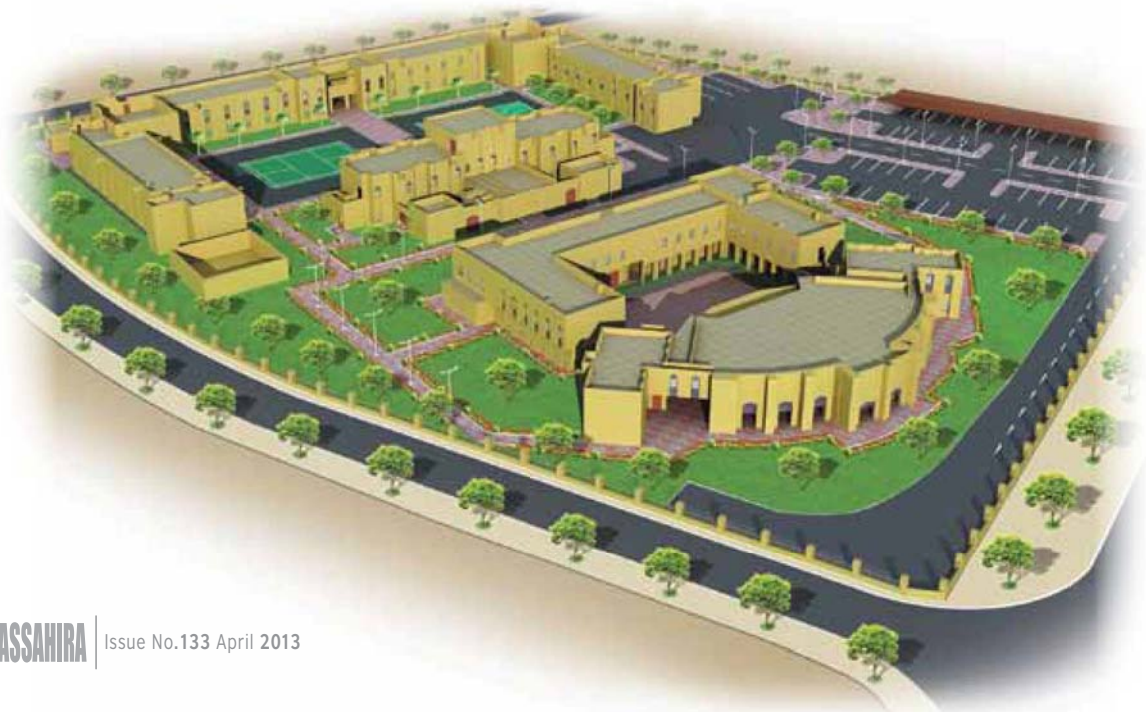
# Agreement for Construction of 2<sup>nd</sup> Police Band Building



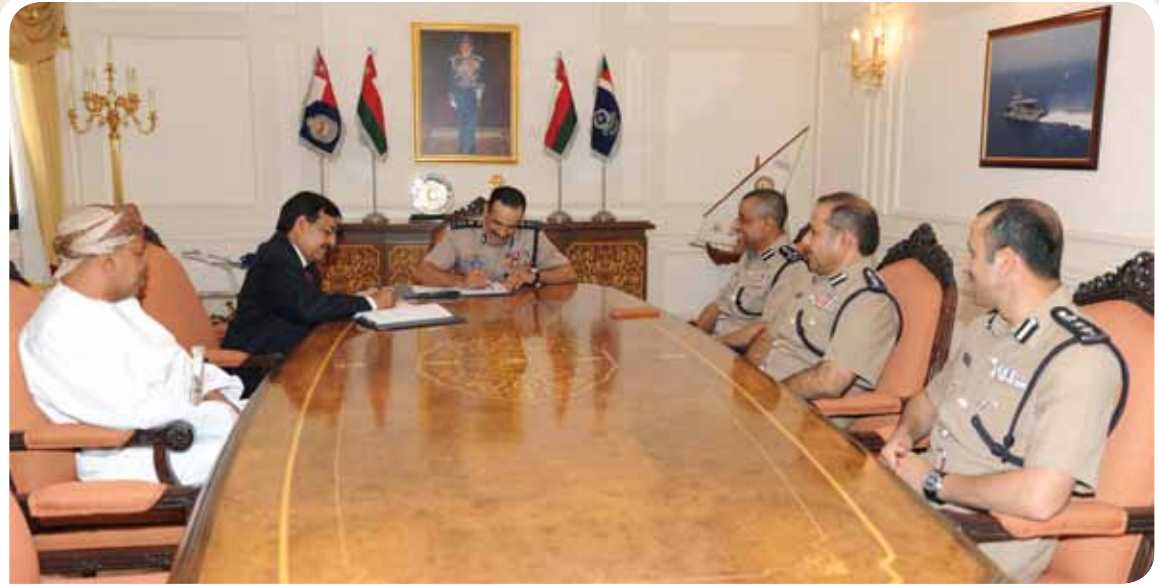
His Excellency General Hassan bin Muhsin Al-Shuraiqi, Inspector General of Police and Customs signed an agreement on 132013/2/ with a competent contractor for the construction of the 2nd Police Band building in Wataya.

The 2nd Police Band ( women band ) was established in 2005 and had the honour to showing its ever first performance at the Oman Military Music Festival (Tattoo) during the 35th National Day celebrations.

The signing was attended by some ROP officers and officials representing the contractor.



# Agreement for Construction of New Adam Police Station



An agreement was signed on 5/ 3/ 2013 by His Excellency Lt. General Hassan bin Mohsin Al-Shuraiqi, Inspector General of Police and Customs with a contracting company for the construction of a new building for Adam police station, Ddakhilya Governorate.

The project contains the police station building, another building for the traffic, passports and residency and the civil status sections, accommodation for officers, other ranks and the policewomen, in addition to other facilities.

It comes within the Royal Oman Police trend of improving their services in line with the constant development and increase in population in Oman.

The signing ceremony was attended by some senior ROP officers.







# ROP Guests

On 19/2/2013 His Excellency Lt. General Hassan bin Mohsin Al-Shuraiqi, Inspector General of Police and Customs received His Excellency J. Bakari Ambassador of the Islamic Republic of Mauritania accredited to the Sultanate of Oman.



His Excellency also received His Excellency Nawab Zada Ameenullah Khan, ambassador of the Islamic Republic of Pakistan to the Sultanate.



His Excellency also received His Excellency Hans Christian, German Ambassador to the Sultanate.



His Excellency also received His Excellency Ali Akbar Sebawaih, Ambassador of the Islamic Republic of Iran to the Sultanate.







His Excellency Lt. General Hassan bin Mohsin Al-Shuraiqi, Inspector General of Police and Customs received on 11/ 3/ 2013 Commodore Habib Abdullah Sayiari, Commander of the Naval Forces of the Islamic Republic of Iran and his accompanying delegation, who were on a visit to the Sultanate.

Maj. General Abdullah bin Khamis Al-Raisi, Commander of the Royal Navy of Oman and some ROP officers were present the meeting at the Police Headquarters, Qurum.



On 24/ 2/ 2013, Major General Sulaiman bin Mohammed Al-Harthy, Assistant Inspector General of Police and Customs for Administrative and Financial Affairs received at his Office at the Police Headquarters, Qurum a British youth delegation, which was on visit to the Sultanate of Oman.



On 10/ 3/ 2013, Major General Sulaiman bin Mohammed Al-Harthy, Assistant Inspector General of Police and Customs for Administrative and Financial Affairs received at his Office at the Police Headquarters, Qurum His Excellency Siayosh Thonnorain, Assistant Director General of Borders Affairs in Iran and His accompanying delegation, who were on Oman for the 12th Coast Guards Officials Meeting between the Sultanate and Iran.

During these meetings, views were exchanged on matters of common interest and the means of enhancing the police cooperation. Some Royal Oman Police officers attended the meetings.



## Training of ROP Parachuting Team Concludes



A Royal Oman Police team was graduated at the end of a parachuting course at the Sultan of Oman Paratroopers. The graduation ceremony was held on 21/2013/1/ under the auspices of Major General Rukn Matar bin

Salem bin Rashid Al-Balushi, the Commander of the Royal Army of Oman.

At the ceremony, in which the National Free-fall Team and the Women's Free-fall Team of the Royal Army of Oman also participated, the graduates showed their parachuting skills by falling from different altitudes.

The Commander of the Royal Army of Oman presented certificates to the team, and awards to the top graduates. The event was attended by Major General Hamad bin Mubarak Al Hatmi, Assistant Inspector General of Police and Customs for Operations, senior officers of the Armed Forces, Royal Oman Police and other security services, graduates' parents as well as the Commander, officers, non-commissioned officers and personnel of the Sultan of Oman Paratroopers.

## Assist. Inspector General for Operations Chairs Meeting of Traffic Safety Contest Committee



Maj. Gen. Hamad bin Sulaiman Al-Hatmi chaired on 18/2013/2/ the meeting of the main committee of the traffic safety contest.

Many topics of on agenda were discussed during the meeting in addition to views and suggestions of their excellencies the Governors on the contest, the members efforts to select assessors and set their tasks in each contest, and discussed also the media plan for informing the public on the contest.

The objective of the contest is to enhance road safety, encourage government and private organizations to cooperate and take part in traffic awareness, urge the private sector organizations to train road users, implement projects that enhance road safety, provide opportunities for researches, programmes and contributions on road safety, and to highlight the government, private organizations and individuals' efforts to reduce accidents.

All wilayats, government and private organizations and individuals are welcome to participate in the contest. Special forms have been designed for interested participants and they are available at the Directorate General of Traffic, offices of the police commanders in governorates and in on Royal Oman police website.

The deadline for application is July 30, 2013. Valuable prizes in cash and certificates will be granted to winners on Oct. 18, 2013.





# Pre-Marital Screening



by Najeem bin Hassan Al Balushi

The importance of pre-marital checkup lies in its effectiveness in finding out the genetic disorders that babies might be born with. Many cultures around the world are not aware of the necessity for couples to have these tests done prior to getting married. In the Middle-East, for instance, the young couples who produce mentally or physically challenged babies consider it as a God's will and this is a true Islamic belief. On the other hand, it is also necessary to avoid such preventable issues by using modern technology as it is not accepted in Islam to harm a human with intention. Knowing that the babies might be born with genetic disorders and letting them come into existence is in itself, in my opinion, a crime that needs to be stopped.

Genetic disorders are widely prevalent in the Middle East. According to statistics by Sultan Qaboos University Hospital, sixty percent of the Omani population carries a gene for genetic blood disorders. Thus a couple who carries the gene for the genetic blood disease is at a high risk of producing children with genetic disorders.

The pre-marital screening services in Oman are well recognized by the community than ever before. The couples are willing to have these tests done before they get married. This awareness is due to the increased cases of children with genetic disorders. The experience of painful episodes by Sickle Cell Disease patients, for example, is horrifying for the patients as well as the family members and friends. This in itself creates awareness to the community to put a limit on the growth of this and other genetic disorders. The Ministry of Health places a great effort to make sure that the services are available and within the reach of the population. It is the responsibility of each couple to have this screening done before getting married. This will have positive outcomes in the form of newer generations without genetic disorders that are highly preventable.





By Kabeer Yousuf

# ROP presence at Muscat Festival 2013





The persistent support and cooperation extended by the Royal Oman Police (ROP) to the month-long Muscat Festival 2013 has been crucial in the proper and hassle-free implementation.

With a number of police personnel at the various venues, the services of the Force had been acclaimed by the Muscat Municipality officials as well as the visitors from across the globe.

One can fear of any mishap or accidents where masses are gathering and the case is no different where more than 160, 000 people from various walks of life gathered during the festival season and thanks to God Almighty that the festival got over with no

major emergencies.

Col Said bin Suleiman al Asmi, Head of Muscat Festival 2013's security committee, had earlier said that the ROP was all set for the annual event and is coordinating with Muscat Municipality for maintaining order and security.

"ROP's Directorate General of Operations had devised an extensive security plan on access to various areas at each venue and dealing with situations, regulating traffic and general security", Col Said said.

Temporarily stations were set up at the Amerat Public Park and Naseem Garden and were equipped to help the policemen deployed there carry out their tasks.

Units from these posts were seen constantly patrolling the venues to help visitors and to communicate with representatives of entities participating in the festival. Officials at the posts received and acted on calls from patrol units and passed them to concerned municipal staff.

Col Said had urged police officers on Muscat Festival duty to be vigilant. He had also said visitors to be careful while negotiating the





Wadi Adai roundabout and Bausher-Amerat road which are seeing development work. The ROP had also requested people to use the public transport that was provided by Muscat Municipality at Naseem Garden to minimise traffic congestion.

“The presence of police personnel around at the Muscat festival grounds is really highly relieving although this land is the most peaceful country in the region”, Christopher Mackenzie, a US national who was visiting Muscat said.

Besides deploying a number of officers for surveillance at various pavilions and spots of events, the ROP had a permanent camp at both major venues and its support and cooperation to the ‘Tour of Oman’ the world-class cycling competition has been globally acclaimed.

As for the ROP Mobile Anti-Drug Awareness Unit it was visited by a large number of people, majority youngsters who take greater lessons from the slides and other photos exhibited there inside the bus. The Royal Oman Police in association with the Al Hayat Association had really done a wonderful job by incorporating the images of menaces of drugs and psychotropic substances and the impacts of consuming the same to the family, to the individual, to the relations, and to the society as a whole.

Alongside, a wide collection of drug hauls was also on display which pointed at the volume and variety of drug business that is eating up the youth of the nation.

As a matter of fact, the government of Oman has devised out all the measures to

combat drug problem in the country.

Apart from these curses, the exhibition also educated how a person can die a slow death by consuming drugs and other banned substances.

The recently built Al Massarah psychiatric hospital is capable of treating 50 addicts at a time. Drug addiction is a wrong decision but the willingness to change that habit is the most important in saving one’s own life. Those who voluntarily approach the ROP will receive consultation and treatment against this deadly habit, according to the ROP sources.

Sultan bin Hamdoon al Harthy, Chairman of the Muscat Municipality, said: “I attribute the success of Muscat Festival 2013 to all government departments, ministries, and Royal Oman Police who came forward in joining forces for showcasing the country and its attractions to the outside world. We really thank all of them.”

Showcasing to the world Oman’s rich culture and timeless tradition adorned with traditional music, food, adventure, fashion, multimedia, fun, games and entertainment at their best, this year’s festival has attracted more than 160,000 visitors compared to 150,000 last year and this number is all set to go up with new additions that are expected to be a part of the festival next year.





# Muscat Festival

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## For Your Information



Captain/Abdullah bin Said AlHarthy  
Directorate of Public Relations

- **Between a rock and a hard place:** if you are between a rock and a hard place, you have to make a difficult decision between two things that are equally unpleasant.
- **You don't have to be a rocket scientist:** If you say that it doesn't take a rocket scientist to understand something you mean that it is obvious.
- **Rome wasn't built in a day:** it means that it takes a long time to do an important job.
- **The road to hell is paved with good intentions:** it means people often intend to do good things but much of the time, they do not make the effort to do those things.
- **Be on the right track:** to be doing something in a way that will bring good results.
- **The rest is history:** something you said when you do not need to finish a story because everyone knows what happened.
- **Red tape:** official rules which do not seem necessary and make things happen very slowly.
- **As you sow, so shall you reap:** it means everything that happens to you is a result of your own actions.
- **Smell a rat:** to start to believe that something is wrong about a situation.
- **Go from rags to riches:** to start your life very poor and then later in life become very rich.



Source: Cambridge International Dictionary of Idioms

## Trojan War



In Greek mythology, the war waged by the Greeks against the city of Troy. The legend is believed to have some basis in fact; it is thought to refer to a war that took place between the Greeks of the late Mycenaean period and the inhabitants of the Troad, or Troas, an area in Anatolia, part of present-day Turkey. Modern archaeological excavations have shown that Troy was destroyed by fire c. 1260 bc, the traditional date of the war, and that the war may actually have resulted from the desire either to plunder the wealthy city or to put an end to Troy's commercial control of the Dardanelles.

Legendary accounts of the war trace its origin to a golden apple, inscribed "for the fairest" and thrown by Eris, goddess of discord, among the heavenly guests at the wedding of Peleus, the ruler of the Myrmidons, and Thetis, one of the Nereids. The award of the apple to Aphrodite, goddess of love, by Paris, son of King Priam of Troy, secured for Paris the favour of the goddess and the love of the beautiful Helen of Troy, wife of Menelaus, the king of Sparta. Paris took Helen to Troy. To seek revenge, and to bring her back, the Greeks launched an expedition against Troy, which was led by Agamemnon, King of Mycenae and brother of Menelaus. Agamemnon's force included many famous Greek heroes, the most noted of whom were Achilles, Patroclus, Ajax the Greater and Ajax the Lesser, Teucer, Nestor, Odysseus, and Diomedes.

After the Trojans refused to restore Helen to Menelaus, the Greek warriors assembled at the Bay of Aulis and proceeded to Troy in 1,000 ships. The siege lasted ten years, the first nine of which were uneventful. In the tenth year, Achilles withdrew from battle because of his anger with Agamemnon. Agamemnon had taken Chryseis as a mistress but had been forced to give her up to avoid the wrath of her father, Apollo. Peevishly, he then removed Briseis, whom Achilles claimed to love more than anyone in the world, and this caused Achilles to withdraw from the war. Achilles' action furnished Homer with the theme of the Iliad. To avenge the death of his friend Patroclus, Achilles returned to battle and killed Hector, the principal Trojan warrior. Subsequent events, described in later epic poems, include Achilles' victories over Penthesilea, Queen of the Amazons, and Memnon, King of Ethiopia, and the death of Achilles at the hands of Paris.

The city of Troy was finally captured by trickery. A force of Greek warriors gained entry to the city by hiding in the interior of a large wooden horse (the Trojan Horse), which the Trojans were tricked into allowing into their city. The Greeks then sacked and burned Troy. Only a few Trojans escaped, the most famous being Aeneas, who led the other survivors to what is present-day Italy; this story is told by Virgil in the Aeneid.

The return of the Greek warriors to Greece inspired epic poems, the most celebrated being that of Odysseus, whose ten-year wanderings and arrival in Ithaca are told in Homer's Odyssey.

Source: Microsoft® Encarta® Encyclopedia 2003. © 19932002- Microsoft Corporation.

**Sigmund Freud** (18561939-), Austrian physician and founder of psychoanalysis. Through his skill as a scientist, physician, and writer, he created an entirely new approach to the understanding of human personality by bringing together ideas prevalent at the time, along with his own observation and study, into a major theory of psychology. Most importantly, he applied these





ideas to medical practice in the treatment of mental disorders. These newly created psychotherapy treatments and procedures, many of which in modified form are applied today, were based on his understanding of unconscious thought processes and their relationship to neurotic symptoms. Regarded with skepticism at the time, Freud's ideas have waxed and waned in acceptance ever since. Nevertheless, he remains regarded as one of the greatest creative minds of the 20th century.

### EARLY LIFE

Sigmund Freud Sigmund Freud was responsible for developing theories central to psychoanalysis, the psychology of human sexuality, and interpretation of dreams. Although his theories, published in the late 1800s, were quite controversial during his day, they were more widely accepted later in his life. Perhaps his most important contributions dealt with the connection between aberrant human behaviour and the unconscious mind.

Freud was born into a middle-class Jewish family in Freiberg, Moravia (now Pribor in the Czech Republic) on May 6, 1856. When he was three years old, the family was forced to flee riots that characterized the strong anti-Semitic feeling that prevailed within the Austro-Hungarian Empire. After a brief period in Leipzig the family settled in Vienna, where Freud remained for most of his life. At school the young Freud was at first drawn towards study of the law, but on reading the work of Charles Darwin he became intrigued by the rapidly developing sciences of the day. Especially inspired by the scientific investigations of Johann Wolfgang von Goethe, he decided to become a medical student based on his having heard Goethe's essay on nature read aloud shortly before he left school.

### CAREER

Freud's Study in Vienna Austrian doctor Sigmund Freud spent many hours refining his theories in this study at his home in Vienna, Austria. Freud pioneered the use of clinical observation to treat mental disease. The publication of *The Interpretation of Dreams* in 1900 detailed his

technique of isolating the source of psychological problems by examining a patient's spontaneous stream of thought.

Freud's medical education began in Vienna in 1873 when he was 17. At 20, he was drawn to further study of the central nervous system under the tutelage of the German neurologist Ernst Wilhelm von Brücke. This delayed his graduation in medicine until 1881, by which time he was 25 and had also completed a year of compulsory military service. He remained at the university as a demonstrator in the physiology laboratory continuing his wide-ranging studies, which included researches into the drug cocaine, and the condition of cerebral palsy. He explored the neurophysiology of aphasia and agnosia, terms he applied to the neurological disorders of communication and recognition. Largely at von Brücke's insistence, Freud relinquished his research interests temporarily to gain clinical experience in psychiatry, dermatology, and nervous diseases, as resident physician to the General Hospital of Vienna. After three years he was to return to the university, where he was appointed lecturer in neuropathology.

### Dreams



The next development in Freud's theory stemmed from his observations on dreaming. He came to see that many of the characteristics of dreams were shared with the symptomatic memories recalled by his patients in the narrative of "free association". In his therapeutic relationship with his patients, Freud had abandoned hypnotic suggestion in favour of encouraging the person to speak freely about whatever came into his or her mind. Unintentionally, the patient would bring order to these "free associations"—the structure and content of which Freud used to try to understand underlying unconscious processes.

In dreams, he noted the same apparently unstructured experiences of thoughts and images coming into the mind that nevertheless seemed to be representative of some underlying unconscious process. To explain these phenomena, he suggested the existence of an inner censor which affected a compromise between conflicting mental forces and in the process disguised their meaning from conscious appreciation. He defined resistance as the unconscious defence against awareness of repressed experiences in order to avoid the resulting anxiety. He traced the operation of unconscious processes, using the free associations of the patient to guide him in the interpretation of dreams and Freudian slips which Freud claimed were revelations of unconscious wishes.

He came to understand the mind as a series of layers with the most superficial layers in conscious appreciation, and the deeper layers containing repressed memories and remaining unavailable to conscious thought. This he termed the topographical model and likened it to an iceberg, a small part of which being visible above the surface with the greater submerged part being obscured from view. These ideas were published in 1900 in *The Interpretation of Dreams*.

Over the next two decades Freud's work concentrated on modifying and improving his theory of psychoanalysis. He defined a number of principles and described a model of personality development.

### The Unconscious

The Mind as an Iceberg Sigmund Freud, the founder of psychoanalysis, compared the human mind to an iceberg. The tip above the water represents consciousness, and the vast region below the surface symbolizes the unconscious mind. Of Freud's three basic personality structures—id, ego, and superego—only the id is totally unconscious.

Perhaps Freud's greatest contribution has been

to describe the unconscious and to postulate that it obeys the principle of psychic determinism, which holds that human thoughts, feelings, and impulses, rather than being random, are linked in a system of causally related phenomena, behind which lies some reason or meaning. Freud concluded that on this basis unconscious processes could be investigated and understood. Some experiences which are not immediately accessible to conscious appreciation can be brought into the conscious mind by the process of remembering. Freud referred to these as the preconscious. Still deeper thoughts cannot be remembered and are actively repressed in the unconscious.

Unconscious experiences are not held to be subject to the same logic characteristic of conscious experience. Unconscious ideas, images, thoughts, and feelings can be condensed or dramatized in the form of abstract concepts and imagery. Often the relationship between the original experience and the unconscious symbolic representation can seem obscure.

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